



THE BISHOP OF SOUTHWARK'S LENT CALL 2024

*“Let justice roll down like
waters and righteousness
like an ever-flowing stream”*

Amos 5:24

Week 5: Praying the Stations of the Cross

Many pilgrims, including those on the Diocesan Pilgrimages, walk 'The Way of the Cross' through the souk in Jerusalem. Some carry large wooden crosses and go together in groups, others walk alone. They will stand at each station meditate and pray and sometimes sing. This is an adaptation of the stations used on the last Diocesan Pilgrimage in 2023.

If your church has stations of the cross you might be able to use them alone or in groups as a springboard for this week's Lent Call prayers – praying for the future of the Diocese of Jerusalem and the Middle East and its people. If Stations of the cross are new to you, or you do not wish to do them, please just take the time to read the scripture and mediate on the prayers that are here as you seek God's peace and justice for the region. You will need access to a Bible.

At each station use this format:

We adore you, O Christ, and we bless you
**because by your holy Cross you have
redeemed the world.**

A reading from scripture: (See below)

Meditation and prayer: (See below)

Silence....

Lord, have mercy

Lord, have mercy

Christ, have mercy

Christ, have mercy

Lord, have mercy

Lord, have mercy



Pilgrims carry the cross.

Creator God,
Focus our hearts and minds that
We seek your wisdom to work and pray
for peace and justice in the land of
your birth.

We pray too for all those who are affected
by the conflict that they may know your
peace and healing.

Give us your persistence to pray for hope,
peace, justice and security for all;
through Jesus Christ our Lord.

Amen.

At the end of each Station you may like to
sing a verse of 'Were you there when they
Crucified my Lord.'



Raising funds for
projects that focus
on peace with
justice and resilience
and well-being.

Lent Call 2024

The Bishop of Southwark's Lent Fund Registered Charity No 1075122

southwark.anglican.org/lentcall



Bishop Christopher leading the stations during the 2020 pilgrimage.

Before you begin the first station

Pray: In the name of the Father and of the Son and of the Holy Spirit. **Amen.**

Almighty God,
whose most dear Son went not up to joy
but first he suffered pain,
and entered not into glory before he
was crucified:
mercifully grant that we,
walking in the way of the cross,
may find it none other than the way of life
and peace;
through Jesus Christ our Lord.

Amen.

The first station of cross: Jesus is condemned to death

Scripture: Luke 23. 22-24

Meditation and prayer:

Jesus, bless us for those times when we have
not stood by silently in the face of injustice.
And forgive us when we have.

Then use the format above.

The second station of the cross: Jesus takes up the cross

Scripture: Luke 9. 22-23

Meditation and prayer:

Jesus, bless us when we are made scapegoats.
And forgive us when we have
scapegoated others.

Then use the format above.

The third station: Jesus falls for the first time

Scripture: Lamentations 1. 12,16

Meditation and prayer:

Jesus, bless us when we fall under the weight of
our burdens.
And forgive us when we fail to help others with
their burdens.

Then use the format above.

The fourth station: Jesus meets his mother

Scripture: Luke 2. 34-35

Meditation and prayer:

Jesus, be with us in the terror of suffering.
And help us, through your love, to find hope.
Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinners now and at the hour of our
death. **Amen.**

Then use the format above.

The fifth station: Simon of Cyrene helps Jesus to carry his cross

Scripture: Luke 23.26

Meditation and prayer:

Jesus, bless us for those times when we have
helped others with their burdens.
And forgive us the times when we have failed to
do so.

Then use the format above.



The sixth station: Veronica wipes the face of Jesus

Scripture: Matthew 25. 34-36

Meditation and prayer:

Jesus, bless us for our unseen acts of charity and generosity.

And forgive us the times when we have failed to show compassion and love.

Then use the format above.

The seventh station: Jesus falls for the second time

Scripture: (John 12. 23-24)

Meditation and Prayer:

Jesus, bless us when we walk the long and hard road.

And help us when we stumble and fall.

Then use the format above.

The eighth station: Jesus speaks to the women of Jerusalem

Scripture: Luke 23.28

Meditation and prayer:

Jesus, bless us when we weep for the suffering of others.

And forgive us when we fail to understand why others suffer.

Then use the format above.

The ninth station: Jesus falls for the third time

Scripture: Hebrews 12. 22-23

Meditation and prayer:

Jesus, be with us when we have lost hope.

And help us to remember all that you have done for us.

Then use the format above.

The tenth station: Jesus is stripped of his clothes

Scripture: Luke 23. 34-38

Meditation and prayer:

Jesus, bless us when we are utterly vulnerable.

And forgive us when we mock others in their weakness.

Then use the format above.

The eleventh station: Jesus is nailed to the cross

Scripture: Luke 23. 33-34

Meditation and prayer:

Jesus, bless us when we become the victims of others.

And forgive us the ways in which others become our victims.

Then use the format above.

The twelfth station: Jesus dies on the cross

Scripture: Luke 23. 44-46

Meditation and prayer:

Jesus, bless us when we breathe our.

And be light for us in our darkness.

Then use the format above.

The thirteenth station: The body of Jesus is taken down from the cross

Scripture: John 19. 32-36

Meditation and prayer:

Jesus, remember us in your kingdom.

And heal us in our brokenness.

Then use the format above.

The fourteenth station: Jesus is laid in the Sepulchre

Scripture: Luke. 23.50-56

Meditation and prayer:

Soul of Christ, sanctify us,

Body of Christ, save us,

Blood of Christ, inebriate us,

Water from the side of Christ, wash us,

Passion of Christ, strengthen us.

O good Jesus, hear us.

Within your wounds hide us.

Let us not be separated from you.

From the malicious enemy defend us.

In the hour of our death call us

And bid us come to you,

That with all your saints we may praise you

For ever and ever. **Amen.**

(Anima Christi adapted)

