



Are your words full of grace and kindness, truth and hope? Ask God to fill you afresh. Then pick up the phone to a hurting friend or greet lonely neighbour and bless them today with life-giving, Christ-centred words.



GENEROSITY WEEK

Many projects that support the vulnerable have essential needs, but if they could have something extra, what would they like that to be? Find out what that extra is, and consider if it's something within your means to help with?





Keep one helpful thing on your person at all time, something small, such as a trolley coin, pack of tissues, a snack and be ready to give it away to whoever might need it.





Go and buy two of your favourite chocolate bar and give one away to a friend. When eating your own, think about your friend and the joy the chocolate bar will bring them.



GENEROSITY WEEK

What gift have you received to serve others? It may be something practical like hospitality or financial generosity... Or perhaps you can share time with others, to be a listening ear? Consider your gifting and find one opportunity today to share it with the world.







Think about what today holds. Who will you see? Where will you go? What will you do? Think about how you can incorporate a simple act of kindness within it, so that you can begin that virtuous cycle of generosity.





Is there someone you pass everyday who you've never really engaged with before? Today, take a moment to say 'hello' and start a conversation.





Reflect at the end of the day on everything you have been given by others. In what ways can you give back to these people?







Take some time to reflect on those around you, with whom you share your faith journey. Pray for them individually and collectively for how you may follow God's call in your wider community today.

