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**Support for older people with particular needs**

**Free guides and factsheets addressing particular needs of elderly people**

1. [**https://www.independentage.org/get-advice/advice-guides-factsheets-leaflets**](https://www.independentage.org/get-advice/advice-guides-factsheets-leaflets)

The charity **Independent Age** offers an impressive range guides and factsheets on a wide range of issues that are of significance to older people. There are more than 50 titles: examples include ‘*Help with Getting around’* (including how to get a blue badge) , ‘ *Managing affairs if I become ill’ , ‘Winter wise’* and information around practicalities such as attendance allowance and carers’ allowance. These can be downloaded, or free printed copies can be ordered.

1. [**https://www.ageuk.org.uk/services/information-advice/guides-and-factsheets/**](https://www.ageuk.org.uk/services/information-advice/guides-and-factsheets/)

**Age UK** offers a wide range of downloadable information guides and factsheets, including many on legal and financial issues. There is also a telephone advice line.

**Digital exclusion**

* [**https://faithinlaterlife.org/wp-content/uploads/2020/03/What-about-people-who-arent-online.pdf**](https://faithinlaterlife.org/wp-content/uploads/2020/03/What-about-people-who-arent-online.pdf) : brief notes and suggestions for churches from Faith in Later Life
* [**https://www.ageuk.org.uk/information-advice/work-learning/technology-internet/**](https://www.ageuk.org.uk/information-advice/work-learning/technology-internet/) **Age UK** have developed and increasing an increasing amount of help aimed at enabling older people to access technology.
* **HOPE FREE PHONE** line **0800 804 8044**. Started in the pandemic as a free telephone spirituality resource for those who have not got access to the internet – and very much with older people in mind. Continues to offer free access to reflections / hymns / bible readings etc.

**Christian Resources for the visually impaired**

**The Torch Trust** offers “*a unique focus on the spiritual needs of blind and partially sighted people”.*They offer Bibles, Magazines etc in audio, large print and braille, in addition to library and podcast services. - [**https://torchtrust.org/**](https://torchtrust.org/)

**Dementia**Information is available on a separate sheet

**Local help   
Age UK** has branches in all South London Boroughs (Lewisham and Southwark is one branch)   
or **Age Concern Merstham, Redhill and Reigate** [**https://www.ageconcernmrr.org.uk/**](https://www.ageconcernmrr.org.uk/)