

one southwark

Young
People

Support

Collective
Action

Giving



Community

Opportunities

Change

Connections

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SUMMARY

One Southwark is a pioneering programme, driven by a Coalition of businesses, residents, charities and funders. We will be supporting cohorts of young people from Southwark who are ready to move forward, for a minimum of two years.

Through the programme young people will receive:

- **Personalised support** – one to one and group sessions focusing on personal development
- **Financial support** – up to £3000 to navigate barriers
- **Circle of Support of support** – connections to individuals or services that will support the young people's development.

Although we are only working with a small cohort, the programme will have a wider impact through promoting wider system and behaviour change across the borough. An embedded research component will translate this into practice.

We will bring young people and local institutions together to learn from each other and find new ways to remove barriers that young people from disadvantaged backgrounds find are in their way, and thereby create 'One Southwark'.

PROGRAMME OVERVIEW

BACKGROUND

Southwark is a borough characterised by both wealth and poverty, where life chances are unequally spread. One of the groups most affected by the inequality is young people, with a shocking 40% growing up in poverty. Young people from poorer communities too often cannot access the opportunities that others take for granted.

One Southwark has been set up to level the playing field by finding ways for Southwark's resources and opportunities to be shared.

The programme is currently being managed by United St Saviour's charity and is driven by a coalition 1 of community stakeholders (businesses, funders, charities and residents) who believe that the status quo can be challenged, and that Southwark can become a fairer place.

One Southwark will transform the lives and opportunities for young people through collective action.

The principles of the programme are that:

- **We can all do something.** *Whether a local resident, a business, or a charity, everyone in Southwark can play their part by 'giving' money, in-kind support (e.g. time, skills, connections) and being advocates for change.*
- **Everyone is different.** *We will put young people and their individual experiences at the heart, working around their very specific needs and aspirations.*
- **The systems need to change.** *The problem doesn't sit with the young people themselves but with the systems. We are advocating for changes in the behaviours and practices of local institutions in support of young people.*

1. Current Coalition members: United St Saviour's Charity, Peabody Housing Association, Southwark Council, Good People, Community Southwark, Team London Bridge, Alan & Babette Family Trust (Part of the Sainsbury's Charitable Trust Family), Norton Rose Fulbright, London Funders and Womble Bond Dickinson.

ELIGIBILITY

The One Southwark programme will be supporting small cohorts of young people per year (max 20)

In order to be eligible for the programme applicants must be:

- Age 16-25
- A Southwark resident
- Ready to move forward in their identified area of development (i.e. employment, education, wellbeing etc.)
- In requirement of additional support (i.e. mentoring, advice, financial etc.)

Young people will have access to at least two years support from the programme. They will then be supported to exit the programme, gain additional support, become an alumni, or take on ambassadorial roles.

As we are only working with a small cohort of young people, we have made a conscious effort to only promote the programme to a select group of potential referral partners known to the Coalition.

THE OFFER:

Young people selected for the programme will get the following support from us:

- **Personalised** - Monthly one-to-one or group sessions focusing on their personal development and progression using experts and professionals
- **Networks (Circle of support)** – Utilising the members of the Coalition who will leverage their contacts, networks and resources to provide opportunities
- **Financial** – Up to £3,000 to tackle often simple things which hold them back.

Please Note: Support grants will be managed by One Southwark and purchases will be made at the discretion of the Programme Director and in line with the agreed framework.

THE JOURNEY - APPLICATION

Young people are invited to apply for a place via local services and institutions (i.e. youth clubs, schools, faith groups etc.).

The application process consists of two rounds:

1. Expression of interest – interested candidates need to submit a short video (no longer than 3 minutes) or written statement (no longer than 2 sides of A4) providing answers to the following questions:

- A. What is a goal you would like to achieve in the next 12 months?
- B. What barriers or obstacles are preventing you from achieving this goal?
- C. What would help you achieve the goal?

Please Note: The programme application period will be open from Monday 10th January 2022 until Sunday 30th January 2022. The link to the programme application will be e-mailed to identified local service providers but can also be accessed via the United St Saviour's charity website (insert here?).

2. Connecting Day – we will be inviting successful applicants to attend our Connecting day on Wednesday 16th February 2022 (time and location to be confirmed in February 2022).

The day will consist of skills sessions, short informal interviews and information from programme staff. The day will support the selection of our final programme candidates – which will be announced by Friday 25th February 2022.

SELECTION

Programme selection will be determined by a small committee consisting of the One Southwark Programme Director and members of the One Southwark Coalition. Young people will be chosen based on their support needs (determined by their application) and participation at our 'Connecting day'.

All applicants and their primary supporters 2 will receive a phone call from One Southwark prior to the final selection being made. This is an opportunity to discuss more about the programme and answer any questions.

REGISTRATION

Once accepted onto the programme young people will be sent a links to our registration, parental consent (for pre-18 young people) and media consent forms.

Once the registration forms have been completed, young people and their support agency will be invited to the 'core meeting'.

CORE MEETING

The focus of the programme is to transform the lives and opportunities for young people through collective action and so we will be working closely with each young person's support agency to support their progression. This meeting will allow us to set the foundations of the relationship and ensure all parties are aware about the role they will be playing in supporting the young person.

We will have the opportunity to discuss programme logistics:

- Engagement
- Expectations
- Safeguarding and other key matters.

KICK-OFF MEETING

Initial meeting between One Southwark and young person to:

- Review programme offer
- Discuss young person's current barriers to progression
- Discuss young person's skill sets (asset-based approach)
- Set initial goals

GENERAL ENGAGEMENT

We will provide a minimum of two engagement opportunities per month for young people. General engagement will include:

- Pathway meetings – to discuss progress against co-developed targets/actions, identify development or support needs, accessing personal support grants and more
- Group sessions or workshops hosted by One Southwark
- Signposting or referrals to external services or opportunities
- Connections to individuals within our support network (Circle of support)
- Access to community initiatives championing positive change for young people (e.g. events, campaigns etc.)
- Discussions with the programme researcher.

Meetings and sessions will be either in person (depending on government guidelines and restrictions) or via a secured virtual platform (i.e. Microsoft Teams, Zoom or Groop).

In person meetings will be held at an agreed suitable location for the young person and programme staff (i.e. School, College, United St Saviour's office, youth club or coffee shop).

Please Note: To safeguard the programme all staff/volunteers supporting young people on a one-to-one basis will be required to have an up-to-date DBS checks and provided with a programme induction to cover expectations and logistics. All virtual sessions will on be delivered on secured platforms that are known to the organisation and meetings can only be accessed via secured links that will only be distributed to meeting attendees. As part of our safeguarding process, we will be asking staff/volunteers to record all one-to-one based virtual meetings and submit them to the Programme Director at the conclusion of each session. Recording will be stored for up to 3 years. The purpose of this process is to support any safeguarding allegations, disputes or programme/staff development matters.

2. Primary supporters are individuals or services providing regular or direct support to the young person. They will also be the agency supporting the young person to apply for a place on the programme. Primary supports can be youth services, educational institutions, faith or community groups, family members, friends etc.

CIRCLE OF SUPPORT

We will use a methodology developed and used in North America which sets up 'Circle of support' around individuals to support them to identify their life goals and barriers, and to draw up a plan with targets and support needed.

We will connect young people to individuals within the community who can support their progress or development in some capacity.

A key component of the Circle of Support model are meetings between all people / organisations who support the young person. We will host at least 3 of these meetings per year and would request all support agencies attend.

Asset Network

Assortment of individuals and services that will 'give' money, in-kind support (e.g. time, skills, connections, work experience, monitoring, exposure, jobs), resources and being advocates for change, to support the programme mission.

Giving Coalition

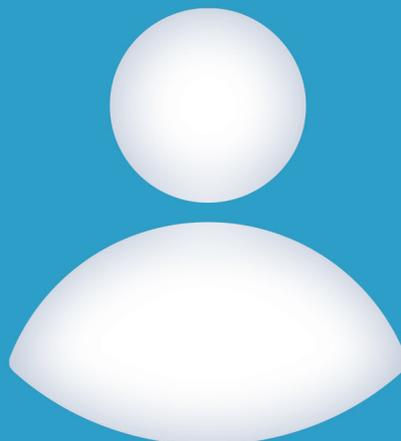
Formal collection of community stakeholders (businesses, residents, charities and funders) driving the programme.

Circle of Support

Individuals or organisations who will support young people to navigate their barriers and meet targets. Supporters could be youth workers, teachers, family members, friends, local employers etc.

Young Person

- Aged 16-25
- Live in Southwark
- Ready to move forward



FEEDBACK

The views of the young people will shape the programme moving forward, so it is essential that we create an environment where they are able to share their views honestly and comfortably. We want young people to be empowered so they can be advocates for themselves and young people in general.

Programme feedback is a key component of the programme and will be captured regularly through conversations, feedback forms, forums, one-to-one meetings, and any other methods suggested by the young people.

EXIT

Young people can get up to two years support from the programme but they can choose to exit the programme before the conclusion of their allocation period. Likewise a young person can request for their programme membership to be extended if they felt they would benefit from more support.

Request for membership extensions will be reviewed on a case-by-case basis and the decision will be based on what is best for the young person.

When young people conclude their allotted two-year membership with the programme they will be supported to transition to ambassadors and take on roles that will support the development of the programme, as well as be supported to access other services if necessary.

RESEARCH

We recognise the importance of continued learning and development, which is why we are embedding a research-based component into the fabric of the programme.

We will be commissioning a research expert to capture the potential and impact of the programme.

Please Note: *The primary role of One Southwark is to support young people to progress to their next level by connecting them to opportunities, resources or individuals. We will be relying on the young people's primary supporters or local specialist services to provide pastoral support.*

ADVOCACY- CHAMPIONS FOR CHANGE

The mission of the programme is to create a level playing field for young people (specifically those from disadvantaged backgrounds) in Southwark through collective action.

Our 3 main objectives are:

- *To support the progression of young people*
- *To champion and influence systemic change through influencing the behaviour and practices of community stakeholders*
- *To undertake evidence-based research to support the programme mission.*

We want to bring young people and local institutions together, to learn from each other and find new and pioneering ways to remove barriers that young people from disadvantaged backgrounds find are in their way, and thereby create a true 'One Southwark'.

We will do this by:

- *Consistently capturing feedback from stakeholders*
- *Hosting and supporting initiatives that enable community focused dialogues i.e., events, round table discussions, campaigns etc.*
- *Supporting young people to share their views on various platforms and to various audiences.*

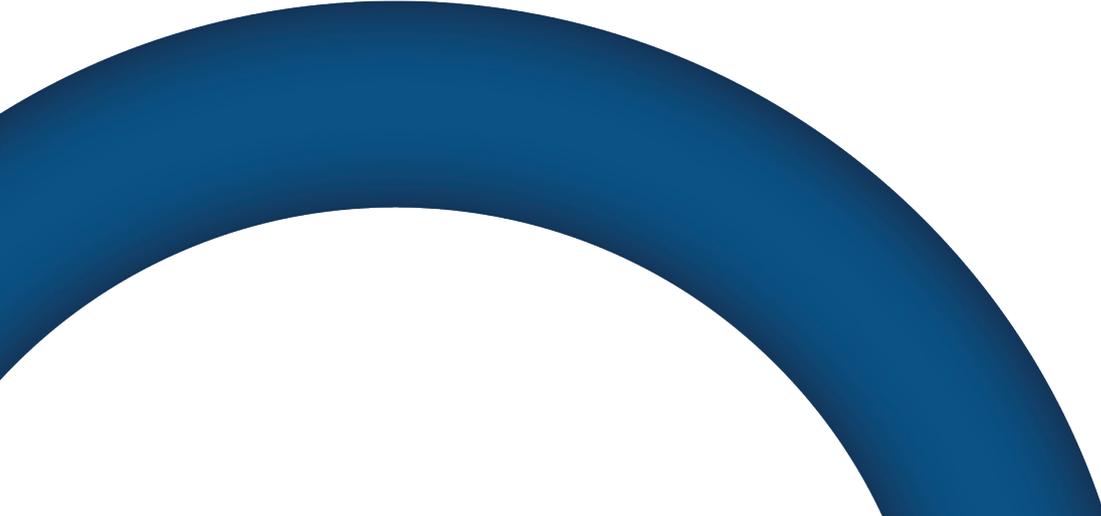
PROGRAMME CONTACTS

If you have any questions about the One Southwark programme and would benefit from a conversation, please do not hesitate to contact us.

Programme development, implementation and delivery is overseen by Will Cole (programme Director).

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