

## Advice and help for children and young people that are grieving:



[Child Bereavement UK](#) supports families and educational professionals both when a baby or child dies or is dying, and when a child is facing bereavement. A short 3.5 minute video to help adults know how to talk to a child about someone who has died can be found here.

Their helpline number is 0800 02 888 40.



The Childhood Bereavement Network offers [practical tips](#) and young people's [stories](#).



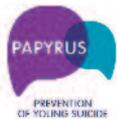
The Church of England website '[Going for Growth](#)' is full of helpful resources to support bereavement. These include links to other sites such as 'the power of language' [here](#).



This [Pinterest](#) page of bereavement resources includes useful books and links. Including *Rabbityness* by Jo Empson; *Waterbugs and Dragonflies* by Doris Stickney and *The Invisible String* by Patrice Karst.



[Engage Worship](#) has recently released a song written by Sam Hargreaves called "There's a Time For Tears". It draws on Ecclesiastes 3, Jesus at Lazarus' tomb and 2 Corinthians. Click on the link resources including words, video and MP3.



Papyrus runs [HopeLineUK](#) where advisers can talk with children or young people or those who may be worried about them.

The [bedtime stories](#) resources highlight the impact of online bullying.



Youthscape signposts to a range of creative [resources](#) they have produced that are useful for helping children and young people's emotional mental wellbeing.



The BBC has created a suite of short films focusing on death, bereavement and grief has been made. They may be useful individually to stimulate discussion e.g. this one where [palliative care](#) doctor and author Kathryn Mannix argues that it's time to break the taboo that exists around death. And another, which centres on how for some, their [childhood grief](#) has been a source of strength as they have grown up.

