

Caring for Creation on a Budget

15 No-Cost or Low-Cost Actions for the Planet



Saving Energy

- 1. Turn off lights and electronics when not in use.
- 2. Switch to a renewable energy provider.
- 3. When replacing lightbulbs, switch to LED's.

Reducing Waste

- 5. Buy less, and buy second hand where you can.
- 6. Recycle properly take time to separate your waste and use the right bins.

Travel

4. Walk, cycle, and prioritise public transport over driving. Use the <u>WWF</u>

<u>Travel Better Planner</u> to plan your route.

Food

- 7. Eat less meat and dairy products.
- 8. Try to reduce food waste by carefully planning meals.

Biodiversity

- 9. Take part in Citizen Science surveys like RSPB's Big Garden Birdwatch and the Big Butterfly Count.
- 10. Get involved with community gardening schemes.

Speaking Up

- 11. Write to your MP to support climate and nature positive policies.
- 12. Educate others share campaigns on social media, tell your friends and family.
- 13. Sign petitions.

Finance

14. Switch to a greener, more ethical bank.



Prayer

15. Pray for the climate and nature crisis, and for climate justice for those most affected.

